



# KNOW HOW TO BE **cool at the pool**

**HOW WELL DO YOU KNOW  
WATER SAFETY?**

**PLAY AND SWIM SAFE  
WITH SIX SIMPLE TIPS:**

**Play it  
safe**



### **DOES YOUR SUNSCREEN HAVE YOU COVERED?**

Use waterproof sunscreen with SPF 15 or higher plus UVA and UVB protection. Reapply after swimming.



### **ARE YOUR KIDS SWIMMING WITHIN SIGHT?**

Keep a watchful eye to ensure your kids are playing and swimming safely.



### **DO YOU KNOW HOW TO TELL IF A LIFEJACKET FITS PROPERLY?**

Adult life jackets aren't designed to keep kids safe. Children's life jacket should be worn, fit snugly and not allow the chin or ears to slip through.

**Practice  
water  
health<sub>2</sub>O**



### **HAVE YOU HIT THE SHOWERS?**

Shower with soap before hitting the pool.



### **HAS EVERYONE TAKEN CARE OF BUSINESS?**

Have kids use the bathroom before getting in the water, and use new swim diapers for toddlers. Please don't enter the water if you have diarrhea.



### **DOES CHLORINE ALONE COUNT?**

Even though it's chlorinated, pool water isn't drinking water. Be sure your family keeps pool water out of their mouths.

SOURCES: CENTERS FOR DISEASE CONTROL & PREVENTION, U.S. COAST GUARD BOATING SAFETY DIVISION  
FOR ADDITIONAL INFORMATION, GO TO THE CENTER FOR DISEASE CONTROL WEBSITE AT [WWW.CDC.GOV/HEALTHYSWIMMING/](http://WWW.CDC.GOV/HEALTHYSWIMMING/).

SEAWORLD PARKS & ENTERTAINMENT<sup>SM</sup>



© 2014 SEAWORLD PARKS & ENTERTAINMENT, INC. ALL RIGHTS RESERVED.